



# North Yarra Community Health

## Cultural Vietnamese Women's Group

Women, and occasionally men, join this group for a hearty session of Tai Chi followed by a shared lunch.

**Venue:** Collingwood Centre

**Time:** Thursdays, 11am to 2 pm

**Contact:** Bich Ha  
9411 4333  
[bich.ha@nych.org.au](mailto:bich.ha@nych.org.au)

Please note that no Groups or Activities are held on Public Holidays

We welcome your feedback about Groups or Activities. Contact our Health Promotion Coordinator on (03) 9349 7333.