



# North Yarra Community Health

## Fitzroy Vietnamese Elderly Group

It provides opportunities for women and men from similar cultural backgrounds, who speak Chinese and Vietnamese, to meet with each other. A wide range of activities ranging from gentle exercises to discussions on health and social issues and outings.

**Venue:** Fitzroy Centre

**Time:** Fridays, 12.30pm to 2.30pm

**Cost:** Free, except for contributions to specific events

**Contact:** Van Nguyen  
9411 3555  
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Please note that no Groups or Activities are held on Public Holidays

We welcome your feedback about Groups or Activities.  
Contact our Health Promotion Coordinator on (03) 9349 7333.