



# North Yarra Community Health

## Living Well With Diabetes

These information sessions are for people with Diabetes as well as family members and carers to understand and manage this condition more successfully.

The ½ day sessions are run several times during the year in different venues in the City of Yarra. To find out more contact Sharon Malcolm.

**Venue:** City of Yarra

**Contact:** Sharon Malcolm  
(03) 9411 4333  
[sharon.malcolm@nych.org.au](mailto:sharon.malcolm@nych.org.au)

Please note that no Groups or Activities are held on Public Holidays

We welcome your feedback about Groups or Activities. Contact our Health Promotion Coordinator on (03) 9349 7333.