



North Yarra Community Health

530 Program Drop-In Session

The Five-Thirty Program provides support, information and referral to tenants living in the high rise at 530 Lygon Street, Carlton.

The weekly drop-in sessions provide an opportunity to meet with other tenants, have a chat and share a cup of coffee and some activities – including occasional gentle exercises, bingo and others.

Venue: 530 Lygon Street, Carlton
Community Hall, Ground Floor

Time: Weekly, Thursdays mornings

Cost: Free

Contact: Robyn Stringer & Catherine Neil
9347 4133

Please note that no Groups or Activities are held on Public Holidays

We welcome your feedback about Groups or Activities. Contact our Health Promotion Coordinator on (03) 9349 7333.