



# North Yarra Community Health

## Healthy Vietnamese Elderly Group

Social support group for Vietnamese people over 60 years. Activities include guest speakers, discussions about general interest and health topics, occasional cooking, and outings.

**Venue:** 31-33 Harmsworth Street, Collingwood

**Time:** Every second week - Wednesday, 11.30am to 1.30pm

**Cost:** Free

**Contact:** Bich Ha  
9411 4312  
[bich.ha@nych.org.au](mailto:bich.ha@nych.org.au)

Please note that no Groups or Activities are held on Public Holidays

We welcome your feedback about Groups or Activities. Contact our Health Promotion Coordinator on (03) 9349 7333.