



North Yarra Community Health

Cultural Vietnamese Women's Group

Women, and occasionally men, join this group for a hearty session of Tai Chi followed by a shared lunch.

Venue: Collingwood Centre
Time: Thursdays, 11am to 2 pm
Contact: Bich Ha
9411 4333
bich.ha@nych.org.au

Please note that no Groups or Activities are held on Public Holidays

We welcome your feedback about Groups or Activities. Contact our Health Promotion Coordinator on (03) 9349 7333.