



North Yarra Community Health

Iranian and Afghani Women's Group

A social group, mainly for women who are affected by their experience as refugees. The aim is to provide a safe environment in their new community, reduce isolation and the opportunity to explore activities and health needs relevant to the women. Health and welfare discussions, sewing sessions (the group recently purchased their own sewing machine and overlocker), social outings and cultural celebrations are some of the activities on offer.

- Venue:** Collingwood Centre
Time: Fridays, 2pm to 4pm
Cost: Free
Interpreters: Available in Dari and Persian if needed
Contact: Maggie Abdelmalak
9411 4333
maggie.abdelmalak@nych.org.au

Please note that no Groups or Activities are held on Public Holidays

We welcome your feedback about Groups or Activities. Contact our Health Promotion Coordinator on (03) 9349 7333.